

City of Andalusia
 Department of Leisure Services
 Adult Activity Center
 P.O. Box 427
 Andalusia, AL 36420

420 Church Street
 (334) 222-6891
 Dianne Jones, Coordinator

January, February, March 2012

Hello Everyone,
 Can you believe its 2012? Where did 2011 go? Oh well time flies when you're having fun! Come join us for dances, travel, ongoing activities, special events, arts and crafts, educational classes, exercise and much more fun. Don't forget to make your plans to attend our **17th Annual Homespun Country Hoedown** scheduled for Thursday, **March 29th**. May God bless and keep you, Dianne

NEWSLETTER PRAYER: Father, I ask you to bless my friend reading this right now! Lord, fill their hearts with love, peace and joy as they go about their day. Amen

THOUGHT FOR THE DAY: Keep shining at all times; you may be a lighthouse for someone else in troubled waters.

IMPORTANT ANNOUNCEMENTS:
 The Nutrition Center **will be closed: Jan. 2nd, Jan. 16th & Feb. 20th**. The Adult Activity /Nutrition Center **will be closed March 29th** for the **Hoedown**.

ADVICE FROM DR. D- If a daily fitness walk was put in a pill; it would be one of the most popular prescriptions in the world. Walking can reduce the risk of many diseases, from heart attack and stroke to hip fracture and glaucoma. Walking requires no prescription, the risk of side effects is very low, and the benefits are numerous.

THE 17th ANNUAL HOMESPUN COUNTRY HOEDOWN THURSDAY, MARCH 29th

The Hoedown will be held at the Kiwanis Community Center in Andalusia located on the Southern By-Pass from **9:00 A.M. till 2:30 P.M.** We have planned a great day of gospel singing, country music, dancing, lots of door prizes, contests, and entertainment for your enjoyment. **Ladies** get your recipes out, bake your favorite cookies and enter our **“Cookie Queen Contest”**. Limit 1 entry per person. Folks get out your Fancy Western Duds or overalls, old fashioned dresses and bonnets and compete for **“Mr. & Mrs. Hoedown”**. Don't forget to practice your **“Hog Calling”**, you can show everyone how to call them “thar” hogs. Everybody get out your dancing shoes and bring “yore” partner, there will be a **“Dance Contest”**. **Get ready** for an exciting **free** fun-filled day of activities and entertainment. Call 222-6891 to pre-order your chicken

box lunches for only \$5.25 each or for more information.



HYUNDAI PLANT TOUR - Join us for a tour of the Hyundai plant in Montgomery, Friday, **May 4th**. Trip cost is \$10.00: Be sure to bring money for your lunch, the gift shop and treats at Priesters. Call 222-6891 to **register & pay before April 10th**. Hurry, space is limited.

SCOTLAND & ENGLAND ANYONE? – Would you like to join us for an enchanting tour of Scotland & England? If you are interested call us at 222-6891 for more information.

ON GOING ACTIVITIES

MONDAY

Rook (Multi Purpose room) 8:30-11:00 AM
 Dominoes (Multi Purpose room) 9:00-11:00 A.M
 Dominoes 1:00-5:00 P M

TUESDAY

Cards (any kind you want to play) 8:00-11:00 A.M
 Quilters
 English Classes 8:30-12:00 P .M
 50+Exercise
 Dominoes (Multi Purpose Room) 9:00-11:00 A.M
 Spanish Classes 9:15-11:00 A.M
 Bowling (Boland Lanes) 12:30-1:30 P.M
 Bridge 1:00-4:00 P.M
 Dominoes
 Wii fit By appointment
 Tops
 Domino City Square Dancing 7:00-9:00 P.M

WEDNESDAY

Quilters 8:00-12:00 P.M
 50+Exercise
 Dominoes (Multi Purpose Room)
 Ceramics 9:00-11:00 A.M
 Rook (Break room) 9:00-11:00 A.M
 Canasta 12:00-3:00 P.M
 Sew & So Circle 1:00-4:00 P.M
 Dominoes

THURSDAY

Quilters 8:00-12:00 P.M
 English Class 8:30-12:00 P.M
 Dominoes (Multi Purpose Room) 9:00-11:00 A.M
 Rook (Break room) 9:00-11:00 A.M
 Oil Painting Class 9:00-3:00 P.M
 Jan. 5th & 19th Feb. 2nd & 16th March 1st & 15th
 Spanish Class 9:15-11:00 A.M

Bridge- (every other Thursday) 9:30-12:00 P.M
 Rummikub 10:00-12:00 P.M
 Thursday Dance 10:30- 2:30 P.M
 Jan. 19th, Feb. 16th, & March 15th
 Piano After lunch by appointment
 Dominoes 1:00-5:00 P.M

FRIDAY

Rook (Multi Purpose room) 8:30-11:00 A.M
 50+Exercise 9:00-10:00 A.M
 Dominoes (Multi Purpose Room) 9:00-11:00 A.M
 Dominoes 1:00- 5:00 P.M
 Friday Night Dance 7:00 -10:00 P.M
 Dominoes 7:00-10:00 P.M



THURSDAY THRILLERS? - Come join us for some great movies: Jan. 12th - "**Monte Carlo**"; Jan. 26th - "**The Help**". Popcorn, Candy & a Drink, Cost \$2.00.

BALLROOM DANCING - Jan. 19th - Feb. 23rd
 Gloria and Charles Webb from Enterprise will be teaching a **6 weeks course** of Ballroom Dancing each **Thurs., 6 -7:30 P.M.** Want to learn to swing, rumba, foxtrot and waltz? Get a partner and register today 222-6891, hurry this class will fill fast. The class minimum is five couples and maximum twelve couples. Cost: \$40.00 per person

KNITTING CLASS- Peggy James will be teaching a **6 weeks** knitting class beginning **Tues., Jan. 24th, 9 - 11:00 A.M.** Cost: **\$10.00 per class.** **Class supplies needed:** one solid color skein of yarn & size 8 needles.

YOGA CLASSES - Join Yoga instructor Amy Henderson Tuesday nights, 5:30 - 6:30 P.M. \$5.00 per class Call 222-6891 to register.

TRIBAL BELLY DANCING CLASSES -Belly dancing is wonderful exercise. You will be dancing with the troupe by the end of your first class. **Tues. 6:30 - 7:30 p.m.,** Fee: \$5 per class. Call 222-6891 to register.

50+EXERCISE- Come join us for **Free** exercise classes, on **Tuesdays, Wednesdays, and Fridays** from **9:00 to 10:00 A.M** each week.

CERAMICS CLASS - **Wed. 9 -11 A.M.** Join us & learn how to create beautiful artwork for your home.

THURSDAY DINNER & DANCE will be held **January 19th** from **10:30 A.M.-2:30 P.M.** Lunch will be at 12:00, please bring a covered dish and join us for a great time.

LINE DANCE CLASSES - Lets dance away those extra pounds on **Thurs. 6 to 8 P.M.** Cost \$5. per class.

TRAVEL CLUB QUARTERLY MEETING is **Wednesday, January 11th, 1:30-2:30 P.M.** Attention all members, it is now time to Pay Your Travel Club Dues (\$5.00 Per Person)-and to elect 2012 officers.

THE SEW & SO CLASS - Come & join us on **Wednesdays** from **1- 4 P.M.!**



THURSDAY THRILLERS? Come join us for some great romantic movies: Feb. 9th - "**The Zookeeper**"; Feb. 23rd - "**Water for Elephants**". Popcorn, Candy & a Drink, Cost \$2.00.

A SWEETHEART DANCE - **Thursday, February 9th, 10:30 A.M. - 2:30 P.M.** Everyone dress in red and white, invite a friend, bring a covered dish and join us for a wonderful time. Lunch is served at 12:00 noon. Our new Sweetheart King and Queen for 2012 will be crowned by our **2011 King & Queen, Billy Rathel & June Moore.** There will be Door Prizes!

A VALENTINE'S DANCE will be held on **Friday, February 10th at 7:00 P.M.** Invite your sweetheart or your favorite friend to join you at the Adult Activity Center for our Valentine Dance. Don't forget to dress in red and white and be ready to dance with royalty, our reigning Sweetheart King & Queen for 2012. There will be **DOOR PRIZES!!!!!!**



THURSDAY THRILLERS? ----Come join us this month for some great movies: Mar. 8th - "**For the Love of Grace**" Mar. 22nd - "**Family Plan**". Popcorn, Candy & a Drink, Cost \$2.00.

HOMESPUN COUNTRY HOEDOWN, Thursday, March 29, 2011. See Important Announcements for full details. Box lunches are \$5.25. **Lunch Tickets Must Be Purchased at the Center Office Before March 10th.** You may bring your lunch and drink if you wish.

THURSDAY DINNER & DANCE - March 15th, 10:30 A.M.-2:30 P.M. Lunch will be at 12:00, everyone bring a covered dish and join us for a great time. Wear green or be prepared to be pinched. Call 222-6891 for more info.

ST. PATTY'S DAY FRIDAY NIGHT DANCE - **March 16th.** Cost \$4.00 per person. Refreshments and door prizes will be provided by the Cov. Co. 4-H club.



BINGO - at **10:30 A.M.** on **Jan. 10th** with Sarah Goolsby from Floral Health Care.