

**Hello Everyone!**

AAC strives to have programs, outings and trips for all to enjoy. We hope our services and events provide fitness, health, relaxation, fellowship and enjoyment for all patrons.

**THOUGHT FOR THE DAY**

Generally, this is the time of year when we take some extra time to count our blessings. To me, Love is the greatest blessing we have, be it from our heavenly Father or others. Let us demonstrate love in our daily lives by being kind and unselfish. Help us remember that love is not resentful, extends the benefit of the doubt, sees with eyes of hope and love refuses to quit.

**NEWSLETTER PRAYER**

Heavenly Father thank you for the wonderful blessings that are ours to receive. Help us to see the need of those around us. May all we say and demonstrate the same love that you have blessed us with. That we may remember to count our blessings and stay focused on You. In Jesus name, we pray. Amen.

**CHRISTMAS DONATIONS:**

We encourage you to come by the office, and pick out your **hands of prayer** revealing a homebound senior's wishes (including sizes). We ask that you spend no less than \$40.00 per person. If you would like, we can shop for you, or you may also donate as in years past. Deadline for donations is December 8<sup>th</sup>. If you have any questions, please call 222-6891.

**TOPS** - (Take Off Pounds Sensibly), a nonprofit weight-loss and wellness club that meets on Tuesdays at 5:00 PM provides powerful support for weight loss and lifelong health. We welcome new members visit [www.tops.org](http://www.tops.org).

**The Senior Friends Covered Dish Supper** – We would like to invite you to our monthly fellowship meals on Mon., Oct. 2<sup>nd</sup>, Nov. 6<sup>th</sup> and Dec. 4<sup>th</sup> at 6 p.m. Call 222-0924 for info.

**DON'T FORGET** - Set Your Clocks back one hour on Saturday, November 4<sup>th</sup> before you go to bed.

**The Activity Center closings for the Holidays:** Veterans Day – Friday, Nov. 10<sup>th</sup>, Thanksgiving - Nov. 23<sup>rd</sup> & 24<sup>th</sup>, Christmas/New Year's Dec. 22<sup>nd</sup> – January 1, 2018.

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**\*TRAVEL\***



**Please park in the grass area, facing Walker Avenue, that is designated for travelers.**

**NOTICE** – There will be no refunds for trips, unless we cancel the trip or it is otherwise noted. Some emergency situations concerning immediate family may be approved. If you need clarification on what immediate family covers, please see Sonja.

**“MIRACLE WORKER” AT THE SHAKESPEARE FESTIVAL—Sat. April 28, 2018.** The uplifting classic tells the true story of Anne Sullivan and her student, Helen Keller, a Tuscombiana, Alabama native trapped in a world of her own until Anne teaches her how to communicate. This trip will consist of shopping, 2 meals (not included) and the play. Price will be **\$85.00** unless you are a current 2018 Travel Club member and then price will be **\$80.00**. This will be a great trip, so get on board while seats are available.

Call 222-6891 for more details! Deadline is Friday, April 20<sup>th</sup>.

**“ANNIE” AT THE SHAKESPEARE FESTIVAL—Sat. July 7, 2018**—One of the best family musicals ever written. No one can resist the irrepressible optimism of Annie—a little red-headed orphan girl who refuses to give up hope because “The Sun’ll Come Out Tomorrow”. Eating (on your own), Shopping and the play will be included on this special day. Come join us! Call 222-6891 for more details. Price will be **\$85.00** unless you are a current 2018 Travel Club member and then price will be **\$80.00**. Deadline is **Friday, June 29<sup>th</sup>, 2018**

**NEW ENGLAND’S FALL CHARM** - Discover this wonderful Fall Foliage Tour. The highlights of this trip are Providence, Boston, Stockbridge, Hildene, The Lincoln family Home, Green Mountains, Billings Farm and Museum, Woodstock, White Mountains, Kennebunkport, Portsmouth & a true taste of New England during dinner featuring—Lobster! This trip will be 8 days & 11 meals. We will travel from the Center to the airport by Motor coach. This is included in price along with round trip air from Montgomery Airport, Air Taxes and Fees and hotel transfers. Prices are: **Double; \$3,099—Single \$3,849—Triple \$3,069**. We will fly to Providence, Rhode Island and then take Motor coach through Vermont, Maine, New Hampshire & Massachusetts. A trip you do not want to miss. Call 222-6891 for more details or come by office to get a brochure. A trip presentation will be on **Thursday, November 2<sup>nd</sup> at 2:30 P.M.** Come and see a slide show of this magnificent trip.

**On Going Activities**

**MONDAY**

Rook (Multi-Purpose Room)	8:30 a.m. - 11:00 a.m.
Big Brain Academy	9:00 a.m. - 10:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 a.m. - 11:00 a.m.
Phase 10 (Multi-Purpose Room)	12:00 p.m. - 2:00 p.m.
Dominoes	1:00 p.m. - 5:00 p.m.
Us Yoshukai Karate	5:30 p.m. - 7:30 p.m.

**TUESDAY**

Cards (any kind you want to play)	8:00 a.m. - 11:00 a.m.
50+Exercise	9:00 a.m. - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 a.m. - 11:00 a.m.
Piano, Guitar & Bass	9:00 a.m. - 12:00 p.m.
Quilters	9:00 a.m. - 2:00 p.m.
Canasta (Tops Room)	12:00 p.m. - 4:00 p.m.
Dominoes	1:00 p.m. - 5:00 p.m.
Toning Beds	2:30 p.m. - 3:30 p.m.
Tops	5:00 p.m. - 6:00 p.m.
Domino City Square Dancing	7:00 p.m. - 9:00 p.m.

**WEDNESDAY**

Toning Beds	7:30 a.m. - 8:30 a.m.
Quilters	8:00 a.m. - 12:00 p.m.
50+ Exercise	9:00 a.m. - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 a.m. - 11:00 a.m.
Ceramics	9:00 a.m. - 11:00 a.m.
Rook (Break Room)	9:00 a.m. - 11:00 a.m.
Piano, Guitar, & Bass Lessons	9:00 a.m. - 3:00 p.m.
Canasta	12:00 noon - 3:00 p.m.
Sew & So Circle	1:00 p.m. - 4:00 p.m.
Dominoes	1:00 p.m. - 5:00 p.m.
U.S. Yoshukai Karate	5:30 p.m. - 7:30 p.m.

**THURSDAY**

Rook (Break Room)	8:30 a.m. - 10:30 a.m.
Big Brain Academy	9:00 a.m. - 10:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 a.m. - 11:00 a.m.
Quilters	9:00 a.m. - 12:00 p.m.
Bridge (every other Thursday)	9:30 a.m. - 12:00 p.m.
Oil Painting Class (1 <sup>st</sup> & 3 <sup>rd</sup> Thursday)	9:00 a.m. - 3:00 p.m.
Thurs. Dance (Oct 19 <sup>th</sup> , Nov. 16 <sup>th</sup> , Dec 21 <sup>st</sup> )	10:00 a.m. - 2:30 p.m.
Dominoes	1:00 p.m. - 5:00 p.m.

Toning Beds 2:30 p.m. - 3:30 p.m.  
 Line Dancing 6:00 p.m. - 8:00 p.m.

**FRIDAY**

Toning Beds 7:30 a.m. – 8:30 a.m.  
 Rook (Multi-Purpose Room) 8:30 a.m. - 11:00 a.m.  
 50+ Exercise 9:00 a.m. - 9:30 a.m.  
 Dominoes (Multi-Purpose Room) 9:00 a.m. - 11:00 a.m.  
 Canasta (Tops Room) 12:00 p.m. - 4:00 p.m.  
 Dominoes 1:00 p.m. - 5:00 p.m.



**OCTOBER**



**STATE MASTERS GAMES BOWLING TOURNAMENT** in Trussville AL, on **Thursday Oct. 5<sup>th</sup>**.

We have our 4 District Winners going for the Gold. Leroy Likely will be competing in the 70-74 age group, Juanita Jenkins will be competing in the 75-79 age group, Bonnie Dove will be competing in 80-84 age group, and Jewell Mitchell will be competing in the 85-89 age group. Thank you for representing the Andalusia Adult Activity Center at the Masters Games. If you are interested in joining the league, please call 222-6891 for more information.

**THE TRAVEL CLUB MEETING** will be **Wed., Oct. 18<sup>th</sup>, 1:30 - 2:30 p.m.** We will discuss upcoming trips for 2017 & 2018.

**THURSDAY DINNER DANCE OCTOBER 19<sup>th</sup>** Please show your team spirit by wearing the colors of your favorite football team (high school/college). Bring a covered dish and join us.

**LINE DANCE CLASSES** – Please call Charlotte Johnson if you have any questions at 334-343-6866.

**CERAMICS CLASS** - Join us on **Wed. from 9 – 11 a.m.**

**THE SEW & SO CIRCLE** - Come join us on **Wednesdays, 1-4 p.m.** to sew, knit and have a great time. In October & November, we will be making bowl koozie for our homebound seniors.

**THE SEW & SO CIRCLE** – Do you enjoy giving back to others? Come on Thursdays, **9-11 a.m.** and help us sew bowl koozies for our homebound seniors. We furnish all the material we need help cutting and sewing, we have 50 to do by December 5.

**NEW HOLIDAY CRAFTS** - **You must sign the Friday before each class.** The Class will be from **1 – 3 p.m.** on **Tuesdays** as follows; **October 10<sup>th</sup> - Flower Arranging fee \$5.00.** You will need to bring your own flowers, greenery and vase. **October 17<sup>th</sup> - Bow Making** bring your own ribbon this class is **free**, but you must sign up. **October 24<sup>th</sup> & 31<sup>st</sup> – Wreath Making** Class **fee is \$5.00** bring the wreath of your choice and your own supplies. Call 222-6891 to sign up. **The \$5.00 fee must be paid in the office prior to class.**

**OIL PAINTING CLASS** - with Kathy Grantham on the **1<sup>st</sup> & 3<sup>rd</sup> Thurs.** of the month from **9 a.m. - 3 p.m.** The cost will be \$11.00 per student. For more information, call Kathy at 334-897-3293.

**November**

**THANKSGIVING LUNCH & DANCE** will be held **Thurs., Nov. 15<sup>th</sup>**. Please join us and invite a friend, for a wonderful day of Thanksgiving and fellowship. We will honor our Mayor, City and County Officials at this luncheon. Please come and show your appreciation for all they do. The music starts at 10:30 a.m. & lunch is served at noon. Bring a covered dish & join us.

**SANTA OR PUMPKIN GOURD PAINTING CLASSES** - **You must sign up by October 18<sup>th</sup>.** Classes will begin **November 7<sup>th</sup> - November 21<sup>st</sup>** will be from **1:30 – 4 p.m. on Tuesdays ONLY** Fee for these classes will be **\$10.00 per gourd.** You may bring your own brushes or purchase a pack, at cost, to keep for \$5.00. Call 222-6891 to sign up. **The \$10 or \$15 fee must be paid in the office prior to class.**



**December**



**STONE MOUNTAIN CHRISTMAS---Hurry, Hurry, Hurry and Join us this Christmas** for a jolly trip to Stone Mountain, Georgia where we will have a musical walk-through experience. Feast your eyes on thousands of lights, projections, special effects and photo opportunities! There will be a merry meet and greet with Clarice the Reindeer, Rudolph the Red-Nosed Reindeer and Bumble the Abominable Snow Monster. Enjoy live performances that are sure to get you in the Christmas spirit, including The Littlest Christmas Tree, Forever Christmas, Twas the Night Before---A Holiday Cabaret, and a Christmas Carol. You can board the singalong train to hear your favorite Christmas tunes as well as the heartwarming story of the first Christmas in “The Gift”. You will be able to wander through the wonderland walkway, a dazzling tunnel of lights guiding you to the snow angel palace, where you are a part of the experience as they tell the story of the snow angel. There will be a night time Christmas parade including whimsical floats. This trip will also include a trip to the largest Aquarium in the U.S. Tickets include admission to all of the galleries, Under the Boardwalk sea lion presentation and AT&T Dolphin Celebration presentation, a \$10.00 meal voucher as well as any special exhibits when available. This will be a great 2-day 1-night package (Sat. & Sunday) Round trip Motor Coach Transportation with 1 night deluxe accommodations in beautiful Stone Mountain, Georgia. We will open this trip up to include children, so if you would like for your children or grandchildren to come along, please feel free to include them. Price will be **Double--\$345 per person—Single--\$415 per person.** For families, please inquire at office or call 222-6891. Deadline for payment is **October 27<sup>th</sup>**.

**NEW MOSAIC CLASSES** - **You must sign up by November 24<sup>th</sup>.** Class will be on **Tuesdays** and will begin **November 28<sup>th</sup> - December 12<sup>th</sup>** from **1:30 – 4 p.m.** Fee is \$5.00 per item (bottles will be provided). Call 222-6891 to sign up. **The \$5.00 fee must be paid in the office prior to class.**

**SEW & SO CIRCLE** Christmas party **Dec. 6<sup>th</sup>, 1-3 p.m.** Bring finger foods & your favorite recipes to share. Hope to see you there! Be ready to eat and have a good time.

**A CHRISTMAS LUNCHEON AND DANCE** will be held, **Thurs., Dec. 21<sup>st</sup>, 10:30 a.m. - 2:30 p.m.** Dress in your Holiday attire and join us for a festive Christmas Celebration. Bring your favorite covered dish & be ready to party.

**DECEMBER 25<sup>th</sup>** — **Merry Christmas & Happy New Year to You and Yours** from Angela, Betty, Debbie, Donna, Hazel, Mickey, Missy, Myra, Paul, Tim and Sonja.

**MYRA'S CORNER**

**The Activity Center closings for the Holidays:** Columbus Day – Oct. 9<sup>th</sup>, Veterans Day – Friday, Nov. 10<sup>th</sup>, Thanksgiving - Nov. 23<sup>rd</sup> & 24<sup>th</sup>, Christmas/New Year's Dec. 22<sup>nd</sup> – Jan. 1, 2018.

**LOVE GARDEN** - If you or someone you know is interested in honoring a loved one, living or deceased, please ask for a Love Garden donation form. This garden will be an ongoing project and will need continual attention and love. It is our hope that our patrons will come have their morning coffee while enjoying nature.