

Hello Everyone,

My fourth year at the Adult Activity Center has come and gone. Thanks for an amazing year. I am truly blessed. Sonja

NEWSLETTER PRAYER: Most Gracious Lord God, giver of every good and perfect gift, I praise thee for thy love and mercy. Let the words of my mouth, and the meditation of my heart, be acceptable in Your sight. Help us to love You with all our heart, as You have loved us. Amen.

THOUGHT FOR THE DAY: I thought with the new year I would share one of the writings on my wall. Ask for what you want. Believe in yourself. Change your mind. Do what you love. Enjoy each day. Follow your heart's desire. Give more than you receive. Have a sense of humor. Insist on being yourself. Join in more. Kiss and make up. Love and be loved. Make new friends. Nurture your spirit. Overcome adversity. Play more. Question conformity. Reach for the stars. Speak the truth. Take personal responsibility. Understand more, judge less. Volunteer your time. Walk through fear. X-perience the moment. Yearn for grace. Be Zany. Remember yesterday is gone and tomorrow is out of sight so live for today!

IMPORTANT ANNOUNCEMENTS

Adult Activity Center Closing Dates: Jan. 1st, Jan. 16th, Feb. 20th & March 30th.

Relay For Life: Will take place at the Kiwanis Center on Friday, April 28, 2017.

Annual Relay for Life Fund Raiser - The Adult Activity Center will be selling **BBQ sack lunches** (beverage, sandwich, chips, & dessert). Day of pick up will be **Friday February 10**. Lunches are presale ONLY, so be sure to come by and get your tickets as soon as they go on sale **Tuesday, January 10, 2017**. Billy Joe Stallworth will be the cook.

BOWLING LEAGUE - Due to the closing of Boland Lanes in Andalusia, the Bowling League will be traveling to Crestview, starting in January. If you are interested, please contact the Adult Activity Center at 222-6891.

THE 22nd ANNUAL SENIOR APPRECIATION DAY - CHARACTERS ANIMATED AND NON ANIMATED, THURSDAY, MARCH 30, 2017. The "Senior Appreciation Day" will be held at the Kiwanis Community Center on the Southern By-Pass from **9:00 a.m. until 2:30 p.m.** The doors open at **8:30 a.m.** so you can get a great seat! We will have several contests and lots of door prizes. Ladies, get your recipes out, bake your favorite cookies and decorate in the theme of animated or non-animated characters. The judges will judge on taste, looks, theme, size and a recipe needs to accompany the cookie. The cookie to be judged needs to be at least 8" or larger in size and can be any shape--- round, square or rectangle. You should bring 6 additional regular cookies to be given away as a door prize. These cookies should be in a nice tin of your choice. The 6 cookies you give away do not have to be decorated---- that would be your decision. All rules must be followed for large cookie to be judged. 1st, 2nd & 3rd place prizes will be awarded. Please be sure to enter the "**Banner Contest**" & "**Costume Contest**". Prizes will be awarded. Everybody get out your dancing shoes because there will also be a "**Dance Contest**"! We will have a skit contest which will be 3 or more people. We will have 1st place in this division, we will have a talent

contest which will be duet or individual. Any talent can be judged from singing, dancing, impersonations of characters, singers or movie stars. Your choice. We will have 1st, 2nd & 3rd place prizes. To have lunch that day, make sure to pre-order your lunch which will contain 2 pieces of chicken, roll, mashed potatoes, gravy, drink and apple pie. Lunches must be ordered by **February 16th**. Please come to the office after **January 9th** for order forms for **T-shirts**. Please feel free to call 222-6891 for more info!



TRAVEL



When you take a trip with the Adult Activity Center, Please park on the grass area next to the road facing Walker Avenue, that is designated for travelers.

NOTICE - There will be no refunds for trips, unless we cancel the trip or it is otherwise noted. Some emergency situations concerning immediate family may be approved. If you need clarification on what immediate family covers, please see Sonja.

KENTUCKY TRIP TO NOAH'S ARK: **April 23-April 29, 2017**

Come enjoy **The Ark Encounter trip**. This life-sized Noah's Ark experience will amaze you. Ark Encounter features a full-size Noah's Ark, built according to the dimensions given in the Bible. Spanning 510 feet long, 85 feet wide, and 51 feet high, this modern engineering marvel amazes visitors young and old. From the moment you turn the corner and the towering Ark comes into view, to the friendly animals in the zoo, or the jaw-dropping exhibits inside the Ark, you'll experience the pages of the Bible like never before. Next, enjoy a high-tech Planetarium, botanical garden, petting zoo, and more. Also, enjoy the state of the art Creation Museum which allows you to venture through biblical history. Don't forget one of the TOP Zoos in the United States - Cincinnati Zoo & Botanical Gardens. Witness Mammals, Amphibians, Fish, Birds, Invertebrates, Reptiles, a stunning Garden, and more! The trip will include Motor coach transportation, 6 nights lodging with 4 nights in the Cincinnati area, 10 meals: 6 breakfasts and 4 Dinners, admission to the Ark Encounter, admission to the Creation Museum, Dinner party, admission to Newport Aquarium, admission to the Cincinnati Zoo & Botanical Gardens, Free Travel Club Membership (which includes discounts on trips during the year), Free T-Shirt, Drivers tip included, and tips are included for all meals provided by Diamond. The price of this trip will be **\$709.00** per double room. It will be **April 23-April 29, 2017**. Your **deposit of \$75.00** will need to be paid by **Dec. 20, 2016**. If you choose to have insurance, the price will be \$69.00 to be paid at the time of Deposit. This will make a great Christmas present for your loved ones. Come join the Adult Activity Center for fun, fellowship and a glimpse back in time.

PACIFIC COASTAL CRUISE ABOARD ROYAL CARIBBEAN'S "EXPLORER OF THE SEAS" ~ September 21-September 29, 2017

- Come join us for a wonderful, relaxing experience! This is a 7-night package that includes: Transportation aboard tour bus to and from airports, Round-Trip Airfare, 1 Night Hotel accommodations in Seattle, Cabin, Shipboard meals, port Charges & Taxes and Transfers in Seattle. You will Port 1 day in Astoria, Oregon, (You can explore Mount St. Helens, walk the Astoria Bridge and fish for sturgeon & crab.) 2 days in San Francisco, California, (The hilly streets provide gorgeous glimpses of the Bay and its famous bridges. From seafood and sourdough breads to Alcatraz and the

Golden Gate Bridge, San Francisco is the ideal city for visitors. Trolleys make getting around in this city easy) & 1 day in Victoria, British Columbia. (The capital of Architecture and historic charm. The heart of Victoria is its scenic harbor and Old Town. Cost of this trip is **\$1949.00 per person (double) for inside Cabin Cat. N, \$1979.00 per person inside Cabin Cat. M, \$2099.00 per person Promenade Cabin Cat. PR, \$2149.00 per person Outside Cabin Cat. 1, and \$2339.00 per person for a Balcony Cabin Cat. E3. All These prices are based on Double Occupancy. Insurance of \$199.00 due at time of sign-up for all rooms except Balcony which is \$259.00 at time of sign-up. If interested, call 222-6891.**

ON GOING ACTIVITIES

MONDAY

Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
Big Brain Academy	9:00 - 10:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Phase 10 (Multi-Purpose Room)	12:00 noon - 2:00 p.m.
Dominoes	1:00 - 5:00 p.m.
U.S. Yoshukai Karate	5:30 - 7:30 p.m.

TUESDAY

Cards (any kind you want to play)	8:00 - 11:00 a.m.
Piano, Guitar, & Bass	9:00 a.m. - 12:00 noon
Quilters	9:00 a.m. - 2:00 p.m.
50+ Exercise	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Canasta (TOPS Room)	12:00 noon - 4:00 p.m.
Dominoes	1:00 - 5:00 p.m.
Toning Beds	2:30 - 3:30 p.m.
TOPS	5:00 - 6:00 p.m.
Domino City Square Dancing	7:00 - 9:00 p.m.

WEDNESDAY

Toning Beds	7:30 - 8:30 a.m.
Quilt s	8:00 - 12:00 noon.
Piano, Guitar, & Bass	9:00 a.m. - 3:00 p.m.
50+ Exercise	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Ceramics	9:00 - 11:00 a.m.
Rook (Break Room)	9:00 - 11:00 a.m.
Canasta	12:00 noon - 3:00 p.m.
Sew & So Circle	1:00 - 4:00 p.m.
Dominoes	1:00 - 5:00 p.m.
U.S. Yoshukai Karate	5:30 - 7:30 p.m.

THURSDAY

Quilters	8:00 a. m. - 12:00 noon
Rook (Break Room)	8:30 - 10:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Big Brain Academy	9:00 - 10:00 a.m.
Oil Painting Class 1 st & 3 rd Thursday	9:00 a.m. - 3:00 p.m.
Bridge (every other Thursday)	9:30 a.m. - 12:00 noon
Rummikub (library)	10:00 a.m. - 12:00 noon
Thursday Dance Jan 19 th , Feb 16, March 16	10:30 a.m. - 2:30 p.m.
Dominoes	1:00 - 5:00 p.m.
Toning Beds	2:30 - 3:30 p.m.
Line Dancing	6:00 - 8:00 p.m.

FRIDAY

Toning Beds	7:30 - 8:30 a.m.
Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
50+ Exercise	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Dominoes	1:00 - 5:00 p.m.

THE SEW & SO CIRCLE - Come join us on **Wed. 1 - 4 p.m.** to sew, knit, fellowship, and have a wonderful time.



THE SENIOR FRIENDS COVERED DISH SUPPER – Jan. 2nd at 6 p.m.

50+ EXERCISE – Want to shed some holiday weight, come join us for **Free** exercise classes, on **Tuesdays, Wednesdays, and Fridays** from **9:30 - 10:00 a.m.** each week and meet some wonderful people.

THE THURSDAY DINNER & DANCE – Jan. 19th from **10:30 a.m. - 2:30 p.m.** Come listen to some great music. The only admission is a covered dish! Please remember, this is all you can eat in house **ONLY**.

DOMINO CITY SQUARE DANCERS – If you like to square dance, join us every **Tuesday** from **7 - 9 p.m.** For more information, please call 222-6891.

CERAMICS CLASS - Join us on **Wed. from 9 – 11:00 a.m.** and learn how to create beautiful artwork to put in your home or give as gifts to your friends and family. Paints, brushes and instructor are provided at no cost.

LINE DANCE CLASSES - Join Charlotte Johnson on the dance floor from **6:00 - 8:00 p.m.** on **Thursdays** for exercise and fun. Cost **\$5.00**. Call 222-6891.

OIL PAINTING CLASS - Kathy Grantham teaches oil painting class on the **1st & 3rd Thursday** of the month from **9 a.m. - 3 p.m.** The cost of this class will be **\$11.00** per student. Call 222-6891 to register.

TRAVEL CLUB QUARTERLY MEETING is **Wed., Jan 11th, 1:30 - 2:30 p.m.** Attention all members, it is now time to Pay Your Travel Club Dues (**\$10.00 Per Person**).



THE SENIOR FRIENDS COVERED DISH SUPPER – February 6th at 6 p.m.

SWEETHEART DANCE – Thurs., February 9th **10:30 a.m. - 2:30 p.m.** everyone dress-up in red and white, invite a friend, bring a covered dish and join us for a wonderful time. Our new Sweetheart King and Queen for 2017 will be crowned by our **2016 King & Queen, Billy and Joyce Helms**. There will be Door Prizes! No plates/containers are to be taken out of the center filled with food. Food is to be enjoyed in house **ONLY**. Take **ONLY** your dish/food home.



THE SENIOR FRIENDS COVERED DISH SUPPER - Come enjoy good food and fellowship. **March 6th**

MARCH 12th DAYLIGHT SAVINGS TIME! Please set your clocks up one hour before you go to bed.

SENIOR APPRECIATION DAY - Thurs., March 30th @ **9:00 a.m.** We look forward to seeing you there!

THURSDAY DINNER & DANCE – March 16th from **10:30 a.m. - 2:30 p.m.** The only admission to this fun-filled day is a covered dish, join us!!!! Please remember this is all you can eat in house **ONLY**.



Nutrition Center Closing Dates: Jan. 1st, Jan. 16th, & March 30th. Nutrition is open Feb 20th.

Call 222-4608 if you are interested in meals, must be 60 or older and qualify.