

Hello Everyone,

Spring is finally here and the warm weather feels wonderful! *Special thanks to Mayor Johnson and the City Council for supporting our Senior Appreciation Day. I hope you will enjoy our Character Celebration.*

Join in the fight against Cancer at the Kiwanis building on **April 28th**. Ceremonies begin at **6:00 P.M.**, survivor reception **7:00 P.M.**, Luminaries **9:00 P.M.** and event ends at **10:00 P.M.** If you are a *cancer survivor* and did not receive a letter to the **Survivors Banquet**, please go and be their honored guest. *Hope to see you there!*

NEWSLETTER PRAYER

Dear God, thank you for your love, and the sacrifice you made. Thank you for allowing Jesus to be the mediator for our sins. Dear God let us always be mindful of that sacrifice and make time to worship you and study your word. Let us strive to be Christ like in every aspect of our lives. God, we pray that you will watch over our service men and women and bring them home safely at the closing of the day. We pray for the sick the world over. We also pray that we be filled with all things good. Amen

THOUGHT FOR THE DAY

“Once a man was asked, ‘what did you gain by regularly praying to God?’ The man replied, ‘nothing ... but let me tell you what I lost: Anger, ego, greed, depression, insecurity, and fear of death.’ Sometimes, the answer to our prayers is not gaining but losing; which ultimately is the gain.” God answers all prayers in three ways: “yes,” because you deserve it, “no,” because you deserve better, and “not yet,” because the best is yet to come. Either way, with God we win.

SPECIAL ANNOUNCEMENTS:

THE ACTIVITY/NUTRITION CENTER CLOSED:
Friday **April 14th**, for Good Friday, Monday **May 29th** for Memorial Day and Tuesday, **July 4th**.

Please park in the grass area, facing Walker Avenue, that is designated for travelers.

NOTICE – There will be no refunds for trips, unless we cancel the trip or it is otherwise noted. Some emergency situations concerning immediate family may be approved. If you need clarification on what immediate family covers, please see Sonja.

GRANDPARENT'S DAY THURSDAY DINNER AND DANCE - JULY 20TH. Aloha Everyone - Bring your **CHILDREN** and **GRANDCHILDREN** and join us at the Center for a fun filled **HAWAIIAN LUAU**. We will have games, limbo, prizes & of course **goody bags** for the kids. Dress for the occasion or don't---your choice but we will have a costume contest! Don't miss out on the fun! Lunch is served at **12:00 noon**. Don't forget to bring your covered dishes!



*** TRAVEL ***



Traveling with us and leaving a vehicle at the center? Please park ONLY where instructed.

KENTUCKY TRIP TO NOAH'S ARK:
June 4 - June 7, 2017

Come enjoy **The Ark Encounter trip**. This life-sized Noah's Ark experience will amaze you. Ark Encounter features a full-size Noah's Ark, built according to the

dimensions given in the Bible. Spanning 510 feet long, 85 feet wide, and 51 feet high, this modern engineering marvel amazes visitors young and old. From the moment you turn the corner and the towering Ark comes into view, to the friendly animals in the zoo, or the jaw-dropping exhibits inside the Ark, you'll experience the pages of the Bible like never before. You will tour a Shaker Village of Pleasant Hill and enjoy a ride on the Dixie Belle Paddlewheel Boat. It is a 115-passenger riverboat that takes you through high limestone cliffs and untouched natural beauty. One-hour narrated cruises describe the historical importance of the river to the Shakers and pass under High Bridge, an engineering marvel built in 1877. Visit the Kentucky Horse Park and International Museum of the Horse. Its set on more than 1,200 acres in the heart of the Kentucky Bluegrass Region. Enjoy a guided tour of Lexington, Horse Capitol of the World, vibrant city nestled in the Heart of the Bluegrass Region. Historic downtown Lexington is a mixture of art galleries, parks and charming neighborhoods. Five minutes from downtown, you'll find the largest mall in the state of Kentucky. This trip will include standard taxes, baggage handling & meal gratuities; the gratuities included for Motor Coach Driver & Lexington Guide & Deluxe Motor Coach Transportation. The price of this trip will be **\$649.00** per person/double room. Single price is **\$759.00**. It will be **June 4 - June 7, 2017**. Your **deposit will be \$75.00**. **The total cost** will need to be paid by **April 20, 2017**. If you choose to have insurance, the price will be **\$79.00** to be paid at the time of Deposit. Come join the Adult Activity Center for fun, fellowship and a glimpse back in time.

Pacific Coastal Cruise aboard Royal Caribbean's "Explorer of the Seas" ~ September 21 - September 29, 2017 - Come

join us for a wonderful cruising experience! This is an 8 day/7-night package that includes: Transportation aboard tour bus to and from the airport, Round-Trip Airfare, 1 night Hotel accommodations in Seattle, Cabin, Shipboard Meals, Port Charges, Taxes and transfers in Seattle. Arrive in Seattle, next day you will board Royal Caribbean's "Explorer of the Seas" and depart on Pacific Coast Cruise. First port will be in Astoria, Oregon--- you will be able to explore Mount St. Helens, walk the Astoria Bridge and fish for sturgeon and crab. The next day will be cruising where you can relax and enjoy the ships' amenities. On Monday & Tuesday you will port in San Francisco, California---from its seafood and sourdough breads to Alcatraz and the Golden Gate Bridge, San Francisco is the ideal city for visitors. Trolleys and prominent landmarks make getting around this busy Metropolis easy. This picturesque city is unique in its style and personality and it charms everyone who goes there. You will cruise on Wednesday and on Thursday, you will port in Victoria, British Columbia. ---The capital of Architecture and historic charm. The heart of Victoria is its scenic harbor and Old town. On Friday, you will disembark in Seattle, Washington and depart for home with wonderful memories of your Pacific Coastal Cruise! Cost of this trip is: **\$1949.00**/person inside cabin Cat. N--- **\$1979.00**/person inside Cabin Cat. M----- **\$2099.00**/person Promenade Cabin Cat. PR----- **\$2149.00**/person Outside Cabin Cat I---- **\$2339.00**/person Balcony Cabin Cat. E3. Price is based on double occupancy. Single prices available upon request. **Deposit of \$250.00 due at time of sign-up.**

Insurance can be purchased at **\$199.00 (double)** or **\$259.00 (balcony)** if interested. Call 222-6891 for more details and ask for Debbie.

ON GOING ACTIVITIES

MONDAY

Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
Big Brain Academy	9:00 - 10:00 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Phase 10 (Multi-Purpose Room)	12:00 - 2:00 p.m.
Dominoes	1:00 - 5:00 p.m.
U.S. Yoshukai Karate	5:30 - 7:30 p.m.

TUESDAY

Cards (any kind you want to play)	8:00 - 11:00 a.m.
Piano, Guitar, & Bass	9:00 - 12:00 a.m.
Quilters	9:00 a.m. - 2:00 p.m.
50+ Exercise	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Canasta (TOPS Room)	12:00 - 4:00 p.m.
Dominoes	1:00 - 5:00 p.m.
Toning Beds	2:30 - 3:30 p.m.
TOPS	5:00 - 6:00 p.m.
Domino City Square Dancing	7:00 - 9:00 p.m.

WEDNESDAY

Toning Beds	7:30 - 8:30 a.m.
Quilters	8:00 - 12:00 p.m.
Piano, Guitar, & Bass	9:00 a.m. - 3:00 p.m.
50+ Exercise	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Ceramics	9:00 - 11:00 a.m.
Rook (Break Room)	9:00 - 11:00 a.m.
Canasta	12:00 noon - 3:00 p.m.
Sew & So Circle	1:00 - 4:00 p.m.
Dominoes	1:00 - 5:00 p.m.
U.S. Yoshukai Karate	5:30 - 7:30 p.m.

THURSDAY

Quilters	8:00 - 12:00 a.m.
Rook (Break Room)	8:30 - 10:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Big Brain Academy	9:00 - 10:00 a.m.
Oil Painting Class	9:00 a.m. - 3:00 p.m.
1 st & 3 rd Thursday	
Bridge (every other Thursday)	9:30 a.m. - 12:00 noon
Rummikub (Library)	10:00 a.m. - 12:00 noon
Thursday Dance	10:30 a.m. - 2:30 p.m.
April 20 th , May 18 th , June 15 th	
Dominoes	1:00 - 5:00 p.m.
Toning Beds	2:30 - 3:30 p.m.
Line Dancing	6:00 - 8:00 p.m.

FRIDAY

Toning Beds	7:30 - 8:30 a.m.
Rook (Multi-Purpose Room)	8:30 - 11:00 a.m.
50+ Exercise	9:00 - 9:30 a.m.
Dominoes (Multi-Purpose Room)	9:00 - 11:00 a.m.
Dominoes	1:00 - 5:00 p.m.
Friday Night Dance	7:00 - 10:00 p.m.

APRIL



SATURDAY, APRIL 8, 2017 - STRAWBERRY

FESTIVAL. The Baldwin County Strawberry Festival has grown from a few craft and food vendors to hosting over 180 arts and craft exhibitors, a dozen different food vendors, exhibits and live music. And, of course, strawberry shortcake is still king! Come join us for a very fun filled day. We will stop for rest room breaks along the way. We will plan on eating at the carnival!!!! Lots of food vendors to choose from and lots of strawberries. Cost of this trip will be **\$25.00**. Limited seats, so Call 222-6891

or come by the AAC for more info.

TRAVEL CLUB MEETING - will be held on Wednesday, April 12th from 1:30 - 2:30 P.M.

SEW N SO CLASS - please come and join and learn how to piece a quilt and sew the top together. Call Myra at 222-4608 or Hazel at 222-6891 for more information.

THURSDAY DINNER & DANCE - April 20th from 10:30 A.M. - 2:30 P.M. Bring your covered dishes and enjoy a day of food, fellowship, & dancing with all your friends.

ATTENTION: FRIDAY, APRIL 28th RELAY FOR LIFE AT THE KIWANIS BUILDING AT 6:00 P.M.



MAY



If you are interested in going on STRAWBERRY TRIP TO BAKER - Thursday, May 4th we will go to Akers of Strawberries and eat lunch at the Gator Café. Cost is **\$12.00** for the trip. See staff to sign-up and prepay by April 21st.

FRIDAY NIGHT DANCE MAY 5th - Join us each Fri. Night, 7:00 - 10:00 p.m. and enjoy dancing to the music and socializing with friends. Come hear "ROAD DUSTER" playing all your favorites. Cost is **\$5.00** per person.

Don't forget May 14th is MOTHERS DAY!

GRANDPARENTS CRAFT - If you are signed up for a grandparent craft, don't forget to pay by May 26th!

THURSDAY DINNER & DANCE - May 19th from 10:30 A.M. - 2:30 P.M. bring your covered dishes and enjoy a day of food, fellowship, & dancing with all your friends.

May 29th is Memorial Day - Center is Closed.



JUNE



KIDS CRAFT - to be presented on Grandparents day, July 20, 2017. Craft is **\$5.00** and will be offered on Tuesdays June 20th & 27th. Ages from 4-18. Call 222-6891 to pre-register before May 26th.

THURSDAY DINNER & DANCE - June 15th from 10:30 A.M. - 2:30 P.M. bring a covered dish and enjoy a day of food, fellowship, & dancing with all your friends.

FRIDAY NIGHT DANCE - June 16th Join us each Fri. Night, 7:00 - 10:00 P.M. and enjoy dancing and socializing with friends. Come hear "ROAD DUSTER" playing all your favorites. Cost is **\$5.00** per person.

Don't forget FATHERS DAY is June 18th!

MYRA'S CORNER

Older Americans Day - May 3rd - We have received an invitation to attend Older Americans Day in Dothan if you would like to go, the cost is **\$7.50** a person and lunch is provided. You must sign-up and pay by April 17th. Must be 60 or older for lunch & prizes.

Nutrition Center will be closed Friday April 14, for Good Friday, Monday May 29th, for Memorial Day and July 3th - July 7th (Monday - Friday).