

HELLO EVERYONE,

Summer is a great time to beautify your lawn, we invite you to join us for some new classes to learn some easy cost-effective ways to do just that. If you would rather travel, then we invite you to come travel with us. Hope to see you soon! Sonja

NEWSLETTER PRAYER

Dear Lord, thank you for being a loving God. For sending your Son to be tempted as we are tempted, and become our great mediator. Each day help us to become better listeners so we may learn. Teach us to be anxious about nothing, turning all things over to you. Gracious Lord protect us with Your power, and sustain us with Your love. Help us to find joy and peace in your son's name we pray. Amen

UP - THOUGHTS FOR THE DAY

Wake Up! Decide to have a good day. Psalm 118:24
Dress Up! The best way... put on a smile. 1 Samuel 16:7
Shut Up! Say nice things and learn to listen. Proverbs 13:3
Stand Up! For what you believe in. Galatians 6:9-10
Look Up! To the Lord. Philippians 4:13
Reach Up! For something higher. Proverbs 3:5-6
Lift Up! Your prayers. Philippians 4:6

IMPORTANT ANNOUNCEMENTS

To enter into the building you must be 21 or older unless specified otherwise.

The Nutrition Center will be closed **July 3rd – July 7th** in observance of Independence Day and **Monday, Sept. 4th** in observance of Labor Day.

The Adult Activity Center will be closed on **Monday, July 3rd** and **Tuesday, July 4th** for Independence Day and **Monday, Sept. 4th** In observance of Labor Day.

Christmas is a special time for giving. This year we are going to do something different for our home bound seniors. Questionnaires will be sent to each of our homebound seniors asking what their wishes are. We encourage you to come by the office after **August 1st**, and pick out your **hands of prayer** revealing a homebound senior's wishes. We ask that you spend no less than \$40.00 per person. If you would like, we can shop for you or you can join us for a Wal-Mart shopping day. Shopping day will be Wednesday, September 13th, we will leave the Center at 9 a.m. No donations will be turned away.



If you are taking a trip with us, please park in the grass area facing Walker Avenue, that is designated for travelers.

NOTICE – There will be no refunds for trips, unless we cancel the trip or it is otherwise noted. Some emergency situations concerning immediate family may be approved with proper documentation. If you need clarification on what immediate family covers, please see Sonja.

FOLEY OUTLET TRIP- Plan ahead now for the Foley Outlet shopping trip on **Thursday, October 5th** from **7:15 a.m. – 6:30 p.m.** Must be paid for by **September 28th**. As always, we will plan to eat at Lambert's. What more can you ask for---a day of shopping and a great meal! Price of trip will be \$15.00 (meal excluded). Call 222-6891.

PENSACOLA MALL TRIP - Thursday, Nov. 9th from **8 a.m. – 6:30 p.m.** Come join us for some serious shopping at the Pensacola Mall. Must pay by **November 2**. We will find those perfect Christmas presents for everyone on our list and we will beat the last-minute rush at Christmas. We will plan on eating at Red Lobster and then shop some more, if needed. Seats are limited, you must pay to be guaranteed a seat. Cost of this trip will be \$15.00 (excluding lunch).

On Going Activities

MONDAY

Rook (Multi-Purpose Room) 8:30 – 11:00 a.m.
Big Brain Academy 9:00 – 10:00 a.m.
Dominoes (Multi-Purpose Room) 9:00 – 11:00 a.m.
Phase 10 (Multi-Purpose Room) 12:00 - 2:00 p.m.
Dominoes 1:00 - 5:00 p.m.
Us Yoshukai Karate 5:30 - 7:30 p.m.

TUESDAY

Cards (any kind you want to play) 8:00 – 11:00 a.m.
Piano, Guitar & Bass 9:00 – 12:00 p.m.
Quilters 9:00 – 2:00 p.m.
50+Exercise 9:00 – 9:30 a.m.
Dominoes (Multi-Purpose Room) 9:00 - 11:00 a.m.
Canasta (Tops Room) 12:00 - 4:00 p.m.
Dominoes 1:00 - 5:00 p.m.
Toning Beds 2:30 – 3:30 p.m.
Tops 5:00 - 6:00 p.m.
Domino City Square Dancing 7:00 - 9:00 p.m.

WEDNESDAY

Toning Beds 7:30 – 8:30 a.m.
Quilters. 8:00 a.m. – 12:00 p.m.
Piano, Guitar, & Bass Lessons 9:00 a.m.- 3:00 p.m.
50+ Exercise 9:00 – 9:30 a.m.
Dominoes (Multi-Purpose Room) 9:00 – 11:00 a.m.
Ceramics 9:00 – 11:00 a.m.
Rook (Break Room) 9:00 – 11:00 a.m.
Canasta 12:00 noon – 3:00 p.m.
Sew & So Circle 1:00 - 4:00 p.m.
Dominoes 1:00 - 5:00 p.m.
U.S. Yoshukai Karate 5:30 - 7:30 p.m.

THURSDAY

Quilters 8:00 a.m. – 12:00 p.m.
Rook (Break Room) 8:30 – 10:30 a.m.
Dominoes (Multi-Purpose Room) 9:00 – 11:00 a.m.
Big Brain Academy 9:00 – 10:00 a.m.
Oil Painting Class (1st & 3rd Thursday) 9:00 a.m. – 3:00 p.m.
Bridge (every other Thursday) 9:30 a.m. -12:00 noon
Rummikub (Library) 10:00 a.m.-12:00 noon
Thurs. Dance 10:30 a.m. - 2:30 p.m.

July 20th, August 17th, September 21st

Dominoes 1:00 - 5:00 p.m.
Toning Beds 2:30 - 3:30 p.m.
Line Dancing 6:00 - 8:00 p.m.

FRIDAY

Toning Beds 7:30 – 8:30 a.m.
Rook (Multi-Purpose Room) 8:30 – 11:00 a.m.
50+ Exercise 9:00 – 9:30 a.m.
Dominoes (Multi-Purpose Room) 9:00 – 11:00 a.m.
Dominoes 1:00 - 5:00 p.m.



JULY



NO OIL PAINTING CLASS IN JULY.

THE SENIOR FRIENDS COVERED DISH SUPPER - There will be **NO** Senior Friends covered dish supper on Monday due to the **Tuesday, July 4th HOLIDAY**. Call Thelma Glisson at 222-0924 for more information.

FREE FIREWORK SHOW – On **July 4, 2017**, the City of Andalusia will host a community wide Fourth of July Celebration at the Kiwanis Fair Grounds from **5:00 p.m. – 8:30 p.m.** Free Watermelon while supplies last and drinks may be purchased. Please bring your lawn chairs.

NEW GOURD PAINTING CLASSES - You must sign up by **July 5th**. Class will be from **1:30 – 4 p.m.** In these step by step classes instructor Mickey Glisson (or staff) will demonstrate how to clean and prep a homegrown gourd for painting. Fee for these classes will be **\$25.00**. This will include brushes (yours to keep), two gourds and paint. If you have your own gourds the class will be **\$15.00**. **July 11th** class we will be **painting a sunflower**. The second gourd you may choose any design you wish. All gourds should be finished by the close of **July 25th** class.

TRAVEL CLUB MEETING - **Wednesday, July 12th, 1:30 - 2:30 p.m.** Attention all members!!! Don't miss this meeting; you will want to sign up for our up-coming trips.

Thursday, July 13th---NEW QUILTING CLASS (STEP BY STEP) – This is designed to be a beginner class. Please join us in the Sew-n-So to learn how to cut, piece, and hand quilt. First class will begin **Thursday, July 13th** from 9 -11 a.m. and continue into August or until everyone has completed their throw. We will be sewing a 50" x 60" throw. You will need to furnish the batting and the backing. We will furnish the quilt top material or you can bring your own.

DON'T FORGET - If you would like to attend our Terra Cotta Lighthouse classes, you must pay by **July 18th**.

GRANDPARENTS DAY - will be held **Thursday, July 20th; 10:00 a.m. - 2:00 p.m.** Those under 21 with guardian are allowed. No band due to other activities. Please invite your Children and Grandchildren for a day of fun. We invite you to enter our **Costume Contest** where you can dress Hawaiian. There will also be a **Talent Contest**, if you can sing, dance, play or perform it, we will judge it, you must bring your own props. We will also have games and special entertainment. **All prizes and special treats will be handed out after 1:30 p.m. Games will start at 10:30 sharp.** Be sure to bring your favorite covered dish!



August



NEW TERRA COTTA POT CLASSES – **Beginning in August** --in these step by step classes, instructor Mickey Glisson (or staff) will demonstrate multiple ways to decorate your garden or porch with terra cotta pots. This class will be on **Tuesdays from 1:30 - 4 p.m.** If you would like to attend our **Lighthouse classes, you must sign up and pay by July 18th**. Cost of supplies for the Lighthouse is **\$30.00**, or **\$25.00** if you have your own brushes. This three-week Lighthouse class will begin on **August 1st** and ends on August 15th.

Turtle class-- If you would like to attend our two weeks **Turtle class, you must sign up and pay by August 3rd**. Cost of supplies for the Turtle is **\$15.00**. This class will begin on **August 22nd**.

NEW BOWL COZY (STEP BY STEP) – For the months of **August and September on Thursdays from 9-11 a.m.** This class is designed to teach you how to make a bowl cozy. We will be making 50 of these bowls for our homebound seniors for Christmas. Just to make it fun, for every two bowls you make, the third one is yours. If the class finishes early, then we will make a different size bowl cozy to have a set of three, they make a beautiful display.

CLANTON'S DURBIN FARMS MARKET - Saturday, August 5th. Are You Ready for those delicious peaches from Clanton? Come join us for a day trip where we will enjoy lunch, go by peach park for ice cream & peaches and have a wonderful time of fellowship. We will leave center at **8 a.m.** and return around **4 p.m.** If you are interested in this trip, call 222-6891 to reserve your seat by **July 28th**. Cost of trip is **\$18.00**.

THE SENIOR FRIENDS COVERED DISH SUPPER - is scheduled for **6 p.m. Monday, August 7th** at the Adult Activity Center. All senior adults are welcome to bring a covered dish and join us. Call Thelma Glisson at 222-0924 for information.

DON'T FORGET - You must sign up and pay by **August 17th** for our Pot Family classes.

THE THURSDAY DINNER & DANCE – **August 17th** from **10:30 a.m. - 2:30 p.m.** The only admission to this fun-filled day is a covered dish, join us!!!!

DON'T FORGET- **August 22nd** - Terra Cotta Turtle class begins.

DOMINO CITY SQUARE DANCERS meet every **Tuesday from 7:00 p.m. - 9:00 p.m.**

CERAMICS CLASS - Come join us on **Wed from 9:00 a.m. - 11:00 a.m.** to learn how to create beautiful artwork to put in your home or even give as gifts to others. Have fun with everyone while you are creating beautiful artwork.

LINE DANCE CLASSES – Join Charlotte Johnson on **Thursdays from 6:00 p.m. - 8:00 p.m.** The cost is **\$5.00** a class or **\$20.00** a month. Call 222-6891.

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September

SENIOR FRIENDS COVERED DISH SUPPER
Will not meet on Sept. 4th due to Labor Day.

CENTER CLOSING - Center will be closed Labor Day **Monday, September 4, 2017.**

PEANUT BOIL AT CENTER -We will begin taking peanut orders on **Tuesday, September 5th**.

TERRA COTTA POT PEOPLE CLASS - Cost of supplies for the people are **\$20.00**. This three-week Pot Family class will begin on **September 11th**. Tuesdays from **1:30-4 p.m.**

THE HARRIOTT II BLUES CRUISE - Lets go down to the River and enjoy a relaxing cruise on Montgomery's elegant 19th Century riverboat, the Harriot II. Come enjoy a two hour, Blues Cruise on Sunday, **September 10th**. We will board at **5:30** and cruise from **6-8 p.m.** Cost of this trip is **\$45.00** and **does not** include dinner, but we will stop at Dreamland BBQ to eat. We must have 10 people for this trip to make. Must pay by **September 6th**. Travel Club members receive a **\$2.00** discount.

THURSDAY DINNER & DANCE - **September 21st** from **10:30 a.m. - 2:30 p.m.** Bring your covered dishes and enjoy a day of food, fellowship, and dancing.

MYRAS

CORNER
The Nutrition Center will be closed **July 3rd - July 7th** and **Labor Day, Monday, Sept. 4th**.

Thursday, September 14th – Please join us from **1:30 to 3:00 p.m.** for our **Annual Peanut Boil**.